

# Welcome to our Lunch Cafe @

Peekskill Woodside Elementary

April 2017

## Monday

3  
Chicken Tenders with Whole Wheat Dinner Roll  
Cajun Maple Carrots  
Baby Carrots  
Fresh Apple  
Blueberries

## Tuesday

4  
Cheeseburger with Oven Baked Fries  
Cucumber Coins  
Honeydew & Canteloupe Melon  
Fresh Orange

## Wednesday

5  
Cheesy Stuffed Breadsticks with Marinara Sauce ✓  
Steamed Broccoli  
Sweet Red Pepper Strips  
Fresh Pineapple  
Banana

## Thursday

6  
Turkey Nachos Grande with Corn  
Black Beans  
Fresh Sliced Kiwi  
Bartlett Pear

## Friday

7  
Cheese Pizza ✓ with Mixed Vegetables  
Caesar Side Salad  
Blueberries  
Watermelon Cup

SPRING RECESS SCHOOLS CLOSED

10

11

12

13

14

17

Cheesy Stuffed Breadsticks with Marinara Sauce ✓  
Oven Baked Fries  
Veggie Dippers  
Fresh Red Grapes  
Fresh Orange

18

Sweet & Sour Chicken Bites with Vegetable Fried Rice  
Steamed Broccoli  
Baby Carrots  
Fresh Apple  
Applesauce

19

Meatloaf with Gravy and Whole Wheat Dinner Roll  
Mashed Potatoes  
Sweet Red Pepper Strips  
Honeydew Melon Cup  
Bartlett Pear

20

Twin Crispy Turkey Tacos with Corn  
Black Bean Salad  
Cantaloupe  
Blueberries

21

Cheese Pizza ✓ with Peas and Carrots  
Caesar Side Salad  
Fresh Orange  
Banana

24

Cheeseburger with Oven Baked Fries  
Baby Carrots & Celery  
Fresh Apple  
Fresh Pineapple

25

Mozzarella Sticks ✓ with Side of Pasta  
Glazed Carrots  
Cucumber Coins  
Fresh Red Grapes  
Fresh Orange

26

Turkey Nachos Grande with Fiesta Corn  
Black Beans  
Honeydew Melon Cup  
Bartlett Pear

27

Macaroni Beef & Tomato Casserole with Roasted Lemon Parmesan  
Broccoli  
Sweet Red Pepper Strips  
Cantaloupe  
Banana

28

Cheese Pizza ✓ with Popcorn Cauliflower  
Garden Salad  
Fresh Sliced Kiwi  
Applesauce



Produce of the Month

Bananas



We proudly support clean, organic, local and sustainable agriculture.

We've partnered with Stonyfield to bring you the very best in yogurt. Everything they make isn't just delicious, it's certified organic - made without the use of toxic persistent pesticides, artificial hormones,

antibiotics and GMOs. Stonyfield also supports family farms and they take care of the world around us.



Follow the QR code to learn more.

### A Reimbursable Meal Includes:

At Least 3 of the following 5 with at least ONE being a fruit, vegetable, or juice  
\*Protein\*  
\*Grain\*  
\*Fruit/Juice\*  
\*Vegetable\*  
\*Milk\*

### Alternate Lunches Available Daily:

-Whole Wheat Bagel with Non Fat Yogurt and Cheese Stick-  
-Boars Head Ham or Turkey Sandwich-  
-Sunbutter and Jelly Sandwich-  
-Cheese Sandwich-  
All meals served with fresh fruit,  
100% fruit juice, vegetable, and low fat or non fat milk

\*NEW\*

BREAKFAST AND LUNCH IS NOW FREE FOR EVERY STUDENT IN THE DISTRICT. WE ENCOURAGE ALL STUDENTS TO PARTICIPATE IN THIS WONDERFUL OPPORTUNITY.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.