

# Welcome to our Breakfast Cafe @

Peekskill Woodside Elementary

May 2017

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1 Fluffy Pancakes with Syrup Fresh Apple Orange 100% Juice	2 French Toast with Syrup Fresh Orange Apple Cherry 100% Juice	3 Turkey Sausage, Egg & Cheese on a Bun Cantaloupe Apple 100% Juice	4 Waffles with Syrup Pear Orange 100% Juice	5 Blueberry Muffin Banana Apple 100% Juice
8 French Toast with Syrup Cantaloupe Orange 100% Juice	9 Turkey Sausage, Egg & Cheese on a Bun Fresh Orange Apple 100% Juice	10 Apple Cinnamon Muffin Banana Apple 100% Juice	11 Waffles with Syrup Empire Apple Orange 100% Juice	12 Blueberry Muffin Strawberry Cup Apple Cherry 100% Juice
15 Fluffy Pancakes with Syrup Honeydew Melon Cup Apple 100% Juice	16 Banana Muffin Empire Apple Apple 100% Juice	17 Waffles with Syrup Blueberries Apple Cherry 100% Juice	18 Sausage, Egg & Cheese on an English Muffin Banana Apple 100% Juice	19 French Toast with Syrup Strawberry Cup Orange 100% Juice
22 Blueberry Muffin Empire Apple Orange 100% Juice	23 Turkey Bacon, Egg & Cheese on Bagel Strawberry Cup Apple Cherry 100% Juice	24 Fluffy Pancakes with Syrup Fresh Orange Apple Grape 100% Juice	25 French Toast with Syrup Banana Orange 100% Juice	26 Apple Cinnamon Muffin Fresh Sliced Kiwi Apple 100% Juice
29 SCHOOLS CLOSED MEMORIAL DAY	30 French Toast with Syrup Fresh Pineapple Apple Cherry 100% Juice	31 Apple Cinnamon Muffin Fresh Orange Orange 100% Juice		



Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. At Whitsons, we have very high ingredient standards and strict procedures in place to make sure of it! We also offer gluten & allergen free foods and purchase locally when seasonally available. Check us out at [www.Whitsons.com](http://www.Whitsons.com) or scan our QR code to see all that we are doing at your school to keep your kids healthy!



Milk Available Daily:  
1% Milk  
Fat Free Milk  
Fat Free Chocolate Milk

Available Daily:  
- Assorted Whole Grain Cereals w/Graham Cracker Belly Bears  
\*All Breakfasts served with Fruit, Juice, and a variety of Milk



**WHITSONS<sup>®</sup>**  
School Nutrition  
**FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!**

\*NEW\*

**BREAKFAST AND LUNCH IS NOW FREE FOR EVERY STUDENT IN THE DISTRICT. WE ENCOURAGE ALL STUDENTS TO PARTICIPATE IN THIS WONDERFUL OPPORTUNITY.**

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.